

Meeting Purpose

The purpose of this meeting was to review SNCC updates across HIP partner organizations and see how various county projects are aligning in regards to SNCC data and data sharing within county clinics.

Announcements

- Shelly Barker – Hub & Spoke Symposium June 27th
- Jen Hastings – Syringe Services Program, Santa Cruz County, is up for discussion on June 11, with the board of supervisors.
 - Part of a small film about Alejandra Santiago who worked at Planned Parenthood and inspired transgender care. Everyone will be receiving an email allowing some input to the film that will be shared with Alejandra's family in Mexico.
- Lisa Russell – Janus of Santa Cruz will be launching their initiative of nutrition and recovery.

Physical Exams and SUD Programs

Vanessa de la Cruz, MD, Chief of Psychiatry at Santa Cruz County Behavioral Health, discussed the importance of requiring and expediting physical exams within 30 days of entering an SUD program for patients with serious mental illness. It is important to prioritize patients healthy in addiction treatment to maintain sobriety.

- A point of contact should be identified in clinics in order to expedite appointment scheduling.
- Coral Brady, HIP Program Assistant, has a copy of the history physical form required by all SUD programs.

The Linkage between Obesity, Trauma, & Social Determinants of Health

Shelly Barker, HIP Program Director, discussed ACE's lasting effects on health, behaviors, and life potential. The term, obesity, is shifting to be phrased as resources for weight management. Obesity diagnoses are linked to social determinants of health. It is important to acknowledge that chronic disease is correlated with inflammation. Metabolic stress can lead to hyperglycemia causing the body to over produce stress hormones increasing blood sugar, and inflammation.

DataShare Santa Cruz County

Sara Adler, HIP Intern, presented an overview of the newly improved DataShare website, launched in March. Data on the website can be downloaded and used to create reports and presentations.

- Interactive national data platform allowing anyone to add/create reports and dashboards on the website.
- Data indicators (Health, Education, Economy, and Environment) are available by county and specific locations.
- DataShare plans on starting training to show individuals how to use DataShare and analyze data on the website.

Veggie Rx

Lowering medication prescription; alternatively using prescription produce. Allowing for healthier communities, food systems, and local economies. Providers and patient interactions are improved by empowering individuals to make better food choices. Clinic staff should be trained to conduct food-insecurity screening, program referral, and counseling patients.

Clinical Evidence-Based Best Practices

Salud Para La Gente:

The obesity epidemic was addressed by Salud's shared resources and services offered by their clinic. The focus is to understand a patient's background to better help improve their health. Patient services partnered with:

- Health Coaches: Providing appointments and weekly meetings for the team to view the curriculum of resources available in the area.
- Food What: Empowering kids with sustainably healthy food.
- Healthy Eating and Exercise: Offering nutritional cooking classes for both patients and staff members. Memberships to gyms are offered to promote healthy living incorporation exercise, while also offering Zumba and yoga classes. Funding is available for individuals wanting to play soccer and softball.

Santa Cruz County Clinics:

There are a variety of services offered to patients such as; RN Nutrition visits/diabetic educator. Clinicians are able to provide nutritional counseling. Site referrals to community resources such as the Alliance are offered to patients. Pre-diabetic patients engaged in such programs have shown a significant drop in A1Cs and weight. Referrals to the Diabetes Health Centers with Martha Quintana are offered. Future programs offered through Santa Cruz County Clinics will be Receta Vegetal and nutritional cooking classes. Patients may also be able to receive two weeks of produce for weight management.

Alliance Grant Opportunities- Healthy Eating & Active Living

Jessica Finney, Grant Program Managers, Central California Alliance for Health, talked about the Medi-Cal Capacity Grant program which started in October 2015. The focus for the grant program to date is focused on two HEAL programs:

- Partners for Healthy Food Access Program
 - Deadline for funding July 15, 2019
 - 10 Projects funded to date
 - This grant will support innovative partnerships between health care providers and community-based organizations to improve food security in the Medi-Cal population in Santa Cruz, Monterey and Merced counties.
 - Grant up to \$200K not to exceed 24 months
- Post-Discharge Meal Delivery Pilot
 - Funding for home delivery of meals for high-risk patients
 - The goal is to reduce hospital readmissions and emergency department utilization

Development & Enhancement of Clinical Pathways

Holly Hughes, Behavioral Health Consultants, HIP.

- How to take what you are already doing to the next level?
 - Increase taxes on sugary drinks to promote healthier living
 - Case managers; it is important that each has a different role
 - Put the patient first instead of their medical condition, it is important to listen to the patient
 - How would a program shape if the patient was in the middle instead of their medical condition?
 - Change the word patient to participant
- In terms of treatment, how is it determined where patients go in the pathway to receive treatment.
 - Refer the patient to receive exceptional healthcare tailored to their health-care condition